

PSYCHOLOGISTS

Ms Maria Mercuri



Maria is the Director and Principal Psychologist at New View Psychology. She has had over 10 years of experience as a clinic practitioner and has helped thousands of clients during this time.

She forms part of the Network Psychology team for the Transport Accident Commission (TAC) and Work Safe Victoria. Her areas of expertise include mental health conditions, associated with physical injury/pain, mental health conditions associated with trauma and mental health conditions arising out of work place stress.

Maria is fluent in Italian and consults with many people from the Melbourne Italian community. Maria holds a Masters degree in counselling psychology from Monash University, a Bachelor of Arts (with Honors) from Swinburne University and a Bachelor of Business (Marketing) from RMIT.

Mr Ron Jontof-Hutter



Ron is one of our male senior Psychologists. He has worked with diagnosis and treatment across a broad spectrum of psychological conditions, including mood disorders such as anxiety and depression counselling, aged care, executive burnout and work related stress. He also stresses lifestyle issues that can improve quality of life and inhibit the tendency toward illness. Ron has significant clinical experience in areas such as pain management, sleep disorders and stress.

Additionally Ron has extensive relationship counselling and marriage counselling experience regarding conflicts and co-dependency.

Ms Melissa Mizzi

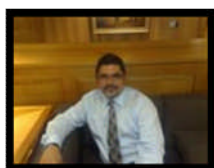


Melissa has extensive experience working for a major public mental health service in Melbourne involving the case management of patients with complex psychiatric conditions and behavioural disturbances including: schizophrenia, anxiety, depression and bipolar disorder. Melissa has worked with individual job seekers in Job Services Australia (JSA), Vocational Rehabilitation Services (VRS), and Disability Employment Services (DES) to assist them to overcome psychological barriers to gaining and maintaining employment.

Melissa has extensive experience in counselling clients with the following issues: depression, anxiety, self esteem issues, anger management and marriage and relationship issues.

Melissa holds Undergraduate and Post Graduate qualifications in Psychology from Monash University.

Mr Freddy Peredo



Freddy is a registered counselling Psychologist, who has worked with a number of client groups in Melbourne and regional Victoria. He has a particular interest in working with children, young people and individual adults dealing with various psychological issues. These issues include managing stress, anxiety, self-esteem issues, grief and loss, depression counselling and relationships. Freddy is committed to working alongside clients using various best practice psychological approaches to discover the best possible outcome for the client.

Freddy holds a Masters Degree in Counselling Psychology from Monash University, a Bachelor of Nursing from Deakin University and a Graduate Diploma of Nursing (Critical Care) from Deakin University.

Dr Helen Power



Helen is a registered clinical Psychologist in private practice and in the public mental health services, assisting adults from young to older age. Helen is currently working with adults at Rowville Health, providing counselling to residential clients in Aged Care facilities in the south-eastern region of Melbourne, and attending client referrals from the Aged Psychiatry Assessment and Treatment Team at Broadmeadows Health Services.

She uses different therapeutic modalities for treating anxiety disorders and delivering depression counselling, such as person-centred supportive counselling, Interpersonal Therapy (IPT), Cognitive Behavioural Therapy (CBT) and brief psychodynamic therapy.

She has a Bachelor of Arts Degree in Psychology and Philosophy from Deakin University, Post Graduate Diploma in Applied Psychology from Monash University, and has graduated from the Doctoral program in Clinical Psychology from Victoria University.

Ms Rosemary de Castella

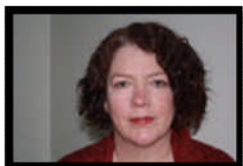


Rosemary is a registered Psychologist and member of the Australian Psychological Society. She has interests and experience in a broad range of areas, including depression counselling and anxiety disorders, grief and loss, relationship counselling and marriage counselling, life transitions, spirituality, self-esteem, trauma and abuse. She has worked in elderly care settings in Melbourne and regional Victoria and has extensive experience in crisis counselling, suicide prevention and bereavement counselling.

Rosemary aims to respond to the individual needs of each client, drawing from a range of modalities, including acceptance and commitment therapy (ACT), CBT, process-experiential emotion – focused therapy (PEEFT) and body-centred therapies. She works from a person centred framework and incorporates existential and positive psychology approaches to promote healing and personal growth across the life span.

Rosemary holds a Masters Degree in Counselling Psychology, a Postgraduate Diploma of Psychology and a Graduate Diploma in Psychology from Monash University.

Ms Janelle Tulloch

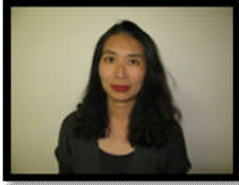


Janelle is a registered psychologist and draws on over 15 years experience working with adults, children, adolescents and their families.

Her areas of interest include anxiety, depression, adjustment and emotional issues and relationship conflict particularly in young children, and believe s early intervention creates the best opportunity for change.

Janelle has worked extensively with suicide intervention, co-ordinating Lifeline's suicide intervention team for several years. She also facilitates groups for young people such as Fun Friends, a resilience building program and Confident Kids. Janelle uses evidence based therapies such as Cognitive Behavioural Therapy and Cognitive Analytical Therapy to achieve the best outcome for her clients.

Ms Alison Hart



Alison brings to counselling extensive experience from the corporate legal and training/teaching background having previously worked as a Lawyer. Having worked mainly for private practice she sees children, adolescents and couples with the emphasis on client focused therapy and evidence based practice. Her approaches include: cognitive behaviour, behaviour psychodynamic, psychoanalytic, narrative and relationship therapy. Alison's past experience has been treating a diverse range of conditions, including: depression, post traumatic stress, stress, drug & alcohol addiction, mediation and couples counselling.

Ms Adena Silverstein



Adena is a registered psychologist and a member of the Australian Psychological Society. She has a Diploma in Education, an Honours Degree in Psychology and a Master in Psychology (counselling) experience in private practice as well as in public/government funded services. Her client group is varied and includes adults, children, couples and families. Adena shows genuine concern for her clients. She works also works collaboratively with her clients with the aim of increasing their feeling of well being. She utilises various therapeutic frameworks to guide sessions with clients. These frameworks include; Cognitive Behavioural Therapy, Interpersonal Therapy, Solution Focused Therapy, Mindfulness, Emotion Focused Therapy as well as a Humanistic approach. Sessions are tailored to address the specific needs and concerns of each client. Together, Adena and her clients, address issues such as; anxiety, depression, life transitions, relationship concerns, family matters, workplace functioning, parenting and grief and loss. Her special areas of interest include stepfamilies and migrant adjustment.